

January 2022 Middle & High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Mashed Potatoes/Gravy Broccoli Pineapple Dinner roll Milk 3	Beef Walking Taco Salsa Cheese Beans Rice– HS only Romaine Peaches Milk 4	Pizza Romaine/Ranch Cherry Tomatoes Whole Fruit Sherbet Apple (HS only) Milk 5	Chicken Patty on Bun Sweet Potato Crosstrax Green Beans Peaches Milk 6	Biscuit Egg Sausage Patty Country Potatoes Vegetable Juice Strawberries Craisins (HS) Milk 7
Shredded Beef Mashed Potatoes/Gravy Peas Fruit Cocktail WG Bread (x2 HS) Milk 10	Nacho Beef & Cheese Beans Salsa Celery Peaches Cookie (HS) Milk 11	Deli Meat & Cheese Sandwich French Fries Baby Carrots (x2 HS) Applesauce Cup (x2 HS) Milk 12	Soft Shell Taco Salsa Cheese Romaine Beans Fresh Fruit Raisins (HS only) Milk 13	Chili Cheese Crackers Baby Carrots (x2 HS) Cinnamon Roll Sunbutter Sandwich (HS) Applesauce Cup HS Dried Fruit Milk 14
MLK Day No School TQ Day 17	Cheeseburger on Bun French Fries Baked Beans Fruit Milk 18	Chicken Strips Triangle Potatoes Cherry Tomatoes Applesauce Cup (x2 HS) 2 Slices WG Bread Milk 19	Corndog Sweet Potato Fries Peas Mixed Fruit Milk 20	BBQ Pork or Rib on Bun Baked beans Romaine/Ranch Whole Apple Milk 21
Chicken Nuggets Mashed Potatoes/Gravy Broccoli Pineapple Dinner roll Milk 24	Beef Walking Taco Salsa Cheese Beans Rice– HS only Romaine Peaches Milk 25	Deli Meat & Cheese Sandwich French Fries Cherry Tomatoes Baby Carrots Applesauce Cup (x2 HS) Milk 26	Chicken Patty on Bun Sweet Potato Crosstrax Green Beans Peaches Milk 27	Breakfast Pizza Egg Country Potatoes Vegetable Juice Strawberries Craisins (HS) Milk 28
Macaroni & Cheese Peas Fruit Cocktail WG Bread Milk 31				Rev 11/8/21