

# KEOKUK COMMUNITY SCHOOL DISTRICT

## September 2018

\* Menu subject to change\*

### Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day 3	Chicken Crispito Triangle Potato String Cheese Corn Apple Milk 4	Pizza Romaine/Ranch Cherry Tomatoes Peaches Whole Fruit Sherbet Milk 5	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Wacky Cake Milk 6	Waffle Sausage & Egg Veggie Juice Hashbrown Potato Fresh Fruit Milk 7
Soft Shell Taco Romaine/Cheese Salsa Cheddar Munchers Applesauce Churro Milk 10	BBQ Rib on Bun Sweet Potato Fries Baked Beans Fresh Fruit Milk 11	Corn Dog Green Beans Sweet Potato Crosstrax Peaches Milk 12	Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 1 Slice WW Bread Milk 13	Chicken Nuggets AuGratin Potatoes Fresh Spinach/Ranch Pears Sunshine Cake Milk 14
Walking Taco Romaine/Cheese Beans Peaches Animal Crackers Milk 17	Chicken & Noodles Mashed Potatoes Whole Kernel Corn Mandarin Oranges Cookie Milk 18	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk 19	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk 20	Pizza Romaine Salad/French Carrots Pears Whole Fruit Sherbet Milk 21
Cheeseburger on Bun French Fries Coleslaw Fruit Crisp Raisins Milk 24	Sausage/Egg Patty Cheese Slice Biscuit Hashbrown Pears Veggie Juice Milk 25	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk 26	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk 27	Chicken Wrap Romaine/Cheese/Ranch Black Beans Salsa Applesauce Milk 28

The USDA is an equal opportunity provider.