

# KEOKUK COMMUNITY SCHOOL DISTRICT

## October 2018

\*Menu subject to change\*

### Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Strips Potato Triangle Cherry Tomatoes Pineapple Cookie Milk <span style="float: right;">1</span>	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk <span style="float: right;">2</span>	Meatball Sub Sw. Potato Crosstrax Baby Carrots Fruit Crisp Milk <span style="float: right;">3</span>	Breakfast Only No Lunch Early Dismissal Parent/Teacher Conf. Milk <span style="float: right;">4</span>	No School Milk <span style="float: right;">5</span>
Crispito Potato Triangle String Cheese Corn Apple Milk <span style="float: right;">8</span>	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Wacky Cake Milk <span style="float: right;">9</span>	Pizza Romaine/Ranch Cherry Tomatoes Peaches Sherbet Milk <span style="float: right;">10</span>	French Toast Sausage Patty Egg Patty Hashbrown Apple Vegetable Juice Milk <span style="float: right;">11</span>	Chili Crackers Cheese Baby Carrots Applesauce Cup Cinnamon Roll Milk <span style="float: right;">12</span>
Soft Shell Taco Cheese Romaine Salsa Beans Applesauce Churro Milk <span style="float: right;">15</span>	No School Milk <span style="float: right;">16</span>	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk <span style="float: right;">17</span>	Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 1 Slice WW Bread Milk <span style="float: right;">18</span>	Chicken Nuggets AuGratin Potatoes Spinach/Ranch Diced Pears Sunshine Cake Milk <span style="float: right;">19</span>
Beef Walking Taco Romaine Cheese Beans Peaches Bug Bite Graham Crackers Milk <span style="float: right;">22</span>	Orange Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Milk <span style="float: right;">23</span>	Pulled Pork on Bun French Fries Cherry Tomatoes Pineapple Milk <span style="float: right;">24</span>	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk <span style="float: right;">25</span>	Pizza Romaine/French Baby Carrots Pears Sherbet Milk <span style="float: right;">26</span>
Cheeseburger on Bun French Fries Carrots Fruit Crisp Raisins Milk <span style="float: right;">29</span>	Pancake Sausage Patty Egg Hashbrown Vegetable Juice Fresh Pear Milk <span style="float: right;">30</span>	Pork Fritter on Bun Sweet Potato Fries Coleslaw Mixed Fruit Cookie Milk <span style="float: right;">31</span>	<b>Salad Bar offered Daily:</b> Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese, Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French

USDA is an equal opportunity provider.

Salad Bar Items may vary according to availability and season