

KEOKUK COMMUNITY SCHOOL DISTRICT

November 2017

* Menu subject to change*

Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>*Fruit Bar and Salad Bar Offered Daily*</u>				
Fruit Salad Comes With: Milk Vegetable Bagel or Granola	Chef Salad Comes With: Ham, Chicken or Egg Garbanzo or Black Beans Breadstick, Crackers, Milk	Hot Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Wacky Cake Milk	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk	Pizza Romaine/French Fresh Baby Carrots Pears Whole Fruit Sherbet Milk
Soft Shell Taco Cheese Romaine Lettuce Salsa Cheddar Munchers Applesauce Churro Milk	Chicken Nuggets AuGratin Potatoes Fresh Spinach/Ranch Pears Dinner Roll Milk	Meatball Sub Sandwich Sweet Potato Crosstrax Peas Peaches Milk	Oven Baked Turkey Mashed Potatoes/Gravy Green Beans Cranberry Sauce Dinner Roll Pie Milk	BBQ Pork on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk
Citrus Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Milk	Nacho Beef & Cheese Cowboy Beans Diced Tomato Salsa Strawberries Milk	Pizza Romaine/Ranch Cherry Tomatoes Peaches Whole Fruit Sherbet Milk	Waffle w/Syrup Sausage Patty Egg Patty Hashbrown Potato Apple Juice Milk	Chili Cinnamon Roll Crackers Cheese Fresh Baby Carrots Applesauce Cup Milk
Walking Taco Salsa Romaine Lettuce Cheese Beans Dried Fruit Churro Milk	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk	No School Milk	No School Happy Thanksgiving! Milk	No School Milk
Cheeseburger on Bun Baked Beans Coleslaw Peaches Raisins Milk	French Toast Sticks Sausage Patty Boiled Egg Hashbrown Potato Fresh Orange Milk	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk	

This institution is an equal opportunity provider.