

KEOKUK COMMUNITY SCHOOL DISTRICT

May 2019

Menu subject to change

Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese, Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French	BBQ Pork on Bun Sweet Potato Crosstrax Baby Carrots Fruit Crisp Applesauce Milk	Salisbury Steak Mashed Potatoes/Gravy Broccoli Peaches 2 Slices WW Bread Milk	Chicken Strips Potato Wedges Cherry Tomatoes Pineapple Cookie Milk
Super Sub Sandwich Baked Chips Fresh Veggies Watermelon Milk	Chicken Patty on Bun French Fries Carrots Apple Milk	Pizza Crunchers Marinara Sauce Romaine/Ranch Cherry Tomatoes Peaches Sherbet Milk	Biscuit Egg Sausage Patty Hashbrown Vegetable Juice Fresh Fruit Milk	Nacho Beef & Cheese Beans Salsa Strawberries Wacky Cake Milk
Soft Shell Taco Romaine/Cheese Salsa Hummus Applesauce Churro Milk	Chicken Nuggets Mashed Potatoes/Gravy Cherry Tomatoes Pears Sunshine Cake Milk	BBQ Rib on Bun Sweet Potato Crosstrax Green Beans Peaches Milk	Porkchop Mashed Potatoes/Gravy Carrots Fruit Cocktail 2 Slices WW Bread Milk	Turkey on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk
Chicken Nuggets Potato Triangle Carrots Fruit Breadstick Milk	BBQ Rib on Bun French Fries Coleslaw Applesauce Milk	Chicken Strips Sweet Potato Crosstrax Mixed Vegetables Peaches Cookie Milk	Pork Fritter on Bun Potato Wedges Broccoli Fruit Milk	Chicken Walking Taco Beans Romaine Salsa Cheese Fruit Bug Bite Grahams Milk
No School	Chicken Patty on Bun Potato Triangle Carrots Whole Fruit Sherbet Milk	BBQ Rib on Bun Potato Wedges Romaine/Ranch Fruit Cookie Milk	Chicken Strips Potato Wedges Romaine/Ranch Fruit Cookie Milk	PB or Sunbutter and Jelly Sandwich Carrots Celery Apple Bug Bite Grahams Milk

USDA is an equal opportunity provider.

Salad Bar Items may vary according to availability and season

<p><i>Alternative Lunch is \$1.25 regardless of free or reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.</i></p>	<p><i>Alternative B Lunch: Sunbutter & Jelly Sandwich, Raisins, Baby Carrots & Milk. Alt Lunch is available daily, but must be ordered in advance.</i></p>
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