

# KEOKUK COMMUNITY SCHOOL DISTRICT

## March 2018

### Breakfast Menu for Middle School

\*Menu Subject to Change\*

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
|   |   |   | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Breakfast Burrito<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk  |
| Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Donut<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk              |
| No School<br>Staff Inservice Day  | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Pancake on a stick<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk |
| Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Donut<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk              |
| Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Cereal- Assorted<br>Whole Grain Toast<br>Sunbutter or Jelly<br>Fruit<br>Juice<br>Milk | Spring Break<br>No School<br>March 29- April 2nd                                      | This institution is an equal opportunity provider.                                    |   |