

# March 2020 Lunch

## Keokuk Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Soft Shell Taco Cheese Romaine Beans Salsa Apple Slices Milk 2	Chicken Nuggets AuGratin Potatoes Spinach/Ranch Cherry Tomatoes Pears Cinnamon Cake Milk 3	Corndog Sw. Potato Crosstrax Green Beans Fresh Orange Milk 4	Pork Chop Mashed Potatoes Gravy Peas Mixed Fruit 1 SI WGR Bread Milk 5	Cheese Stuffed Breadsticks Baked Beans Marinara Coleslaw Fresh Fruit Milk 6
No School Inservice Day 9	Nacho Beef & Cheese Beans Diced Tomato Salsa Peaches Milk 10	Pizza Crunchers Romaine/Ranch Cherry Tomatoes Whole Fruit Sherbet Milk 11	Chili Cheese Baby Carrots Crackers Applesauce Cup Cinnamon Roll Milk 12	French Toast Syrup Country Potatoes Vegetable Juice Fresh Fruit Milk 13
Beef Walking Taco Romaine Cheese Salsa Beans Applesauce Cup Milk 16	Chicken Patty on Bun Sw. Potato Fries Peas Mixed Fruit Milk 17	Meatball Sub Sw. Potato Crosstrax Baby Carrots Fruit Milk 18	Salisbury Steak Mashed Potatoes Gravy Broccoli Peaches 1 SI WGR Bread Milk 19	Mac & Cheese Spinach/Ranch Cherry Tomatoes Apple Slices Milk 20
Spring Break March 23rd-27th No School 23	24	25	26	27
Beef & Bean Burrito Salsa Rice Beans Applesauce Cup Milk 30	Chicken Strips Potato Triangle Carrots Pears Milk 31			

Salad Bar offered Daily  
Romaine, Cucumbers, Carrots, Celery, Peppers, Broccoli, Beans, Cauliflower, Onion, Tomatoes, Radishes, Peas, Cheese, Ham or Chix, Egg, Melon, Grapes, Kiwi, Strawberries, Apples, Oranges, Cottage Cheese, Yogurt, Croutons, Crackers, Granola, Ranch or French Dressing. Baked Potato Bar available Tuesdays and Thursdays. *Salad Bar Items may vary due to availability and season.*

*Alternative Lunch: Sunbutter/Peanut Butter and Jelly Sandwich, Raisins, Baby Carrots & Milk. Alt Lunch is available daily but must be ordered in advance. Alt lunch is \$1.25, regardless of free or reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.*

*The USDA is an equal opportunity provider.*

Menu Subject To Change

Spring Break March 23rd-27th