

KEOKUK COMMUNITY SCHOOL DISTRICT

January 2018

Menu subject to change

Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit Bar and Salad Bar Offered Daily			Chicken Patty on Bun French Fries Peas Applesauce Cup Milk	Meatball Sub on Bun Sweet Potato Crosstrax Fresh Baby Carrots Fruit Crisp Milk
Fruit Salad Comes With: Milk Vegetable Bagel or Granola	Chef Salad Comes With: Ham, Chicken or Egg Garbanzo or Black Beans		4	5
Cheeseburger on Bun French Fries Coleslaw Fruit Crisp Raisins Milk	Pancakes w/Syrup Sausage Patty Egg Hashbrown Potato Vegetable Juice Fresh Orange Milk	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk	Chicken Fajita Wrap Cheese Baked Chips Romaine/Ranch Black Beans Salsa Applesauce Cup Cookie Milk
8	9	10	11	12
No School MLK Day	Turkey & Noodles Mashed Potatoes/Gravy Whole Kernel Corn Mandarin Oranges Cookie Milk	Hot Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Wacky Cake Milk	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Cup Dinner Roll Milk	Pizza Romaine/French Fresh Baby Carrots Whole Fruit Sherbet Pears Milk
15	16	17	18	19
Soft Shell Taco/Cheese Romaine Lettuce Salsa Cheddar Munchers Applesauce Churro Milk	Chicken Nuggets AuGratin Potatoes Spinach Pears Sunshine Cake Milk	Corndog Sweet Potato Crosstrax Green Beans Peaches Milk	Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 1 Slice WGR Bread Milk	BBQ Rib on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk
22	23	24	25	26
Crispito Triangle Potatoes String Cheese Whole Kernel Corn Fruit Crisp Milk	Nacho Beef & Cheese Black Beans Diced Tomato Salsa Strawberries Sunshine Cake Milk	Pizza Romaine/Ranch Cherry Tomatoes Applesauce Cup Milk		
29	30	31		

This institution is an equal opportunity provider.