

KEOKUK COMMUNITY SCHOOL DISTRICT

February 2019

Menu subject to change

Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese, Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French			Chicken Strips Potato Triangle Carrotinis Pineapple Cookie Milk 1
Blueberry Pancakes Sausage Patty Egg Hashbrown Vegetable Juice Pears Milk 4	Cheeseburger French Fries Coleslaw Baked Cinnamon Apples Milk 5	No School Inclement Weather	Chicken Strip Wrap Romaine Cheese Ranch Baked Chips Beans Applesauce Milk 6	Hotdog Sweet Potato Crosstrax Green Beans Peaches Cookie Milk 8
Soft Shell Taco Romaine/Cheese Salsa Cheddar Munchers Craisins Churro Milk 11	Pork Chop Mashed Potatoes/Gravy Carrots Cranberry Sauce 2 Slices WW Bread Milk 12	Beef Walking Taco Romaine Cheese Beans Peaches Bug Bite Grahams Milk 13	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk 14	Chicken Nuggets Mashed Potatoes/Gravy Green Beans Fresh Orange Dinner Roll Milk 15
Pizza Romaine/French Baby Carrots Pears Sherbet Milk 18	Cheeseburger French Fries Coleslaw Fruit Crisp Milk 19	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk 20	Pancakes Sausage Patty Egg Hashbrown Pear Vegetable Juice Milk 21	Chicken Strip Wrap Romaine Cheese Ranch Baked Chips Black Bean Salsa Applesauce Milk 22
Crispitoes Potato Triangle Corn Apple Milk 25	Nacho Beef & Cheese Beans Diced Tomato Salsa Peaches Bug Bite Graham Milk 26	Pizza Romaine/Ranch Cherry Tomatoes Craisins Sherbet Milk 27	Chili Cheese Crackers Baby Carrots Applesauce Cup Cinnamon Roll Milk 28	
USDA is an equal opportunity provider.			Salad Bar Items may vary according to availability and season	
<i>Alternative Lunch is \$1.25. Regardless of free/reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.</i>		<i>Alt Lunch: Sunbutter & jelly, raisins, baby carrots & milk. Alt Lunch is available daily, but must be ordered in advance.</i>		
		Rev. 2/7/19		