

Keokuk Middle School February 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Crispito Sweet Potato Crosstrax Corn Banana Milk 3	Nacho Beef & Cheese Beans Salsa Romaine Peaches Milk 4	Pizza Crunchers Marinara Romaine/Ranch Cherry Tomatoes Strawberries Milk 5	Chili Cheese Crackers Baby Carrots Cinnamon Roll Applesauce Cup Milk 6	Pancakes Sausage Egg Country Potatoes Vegetable Juice Fresh Fruit Milk 7
Inservice Day No School 10	Chicken Patty on Bun Sweet Potato Fries Mixed Vegetables Mixed Fruit Cup Milk 11	Turkey Sub Sw. Potato Crosstrax Baby Carrots Apple Slices Milk 12	Breakfast Only Parent/Teacher Conf. Day 13	No School Snow Make-Up Day 14
President's Day No School Snow Make-Up Day 17	Cheeseburger French Fries Baby Carrots Peaches Milk 18	Pork Fritter on Bun Baked Beans Coleslaw Mixed Fruit Milk 19	Spaghetti w/Meat Sauce Spinach/Ranch Breadstick Apricot Cups Milk 20	Ham & Cheese on Bun Sweet Potato Fries Corn Applesauce Milk 21
Beef Walking Taco Cheese Beans Salsa Romaine Peaches Milk 24	Turkey & Noodles Mashed Potatoes Broccoli Sherbet Milk 25	Fish on Bun French Fries Cherry Tomatoes Pineapple Milk 26	Mandarin Orange Chicken Rice Sugar Snap Peas Carrotinis Applesauce Cup Milk 27	Cheese Pizza Romaine/French Baby Carrots Apple Slices Milk 28

Salad Bar offered Daily
Romaine, Cucumbers, Carrots, Celery, Peppers, Broccoli, Beans, Cauliflower, Onion, Tomatoes, Radishes, Peas, Cheese, Ham or Chix, Egg, Melon, Grapes, Kiwi, Strawberries, Apples, Oranges, Cottage Cheese, Yogurt, Croutons, Crackers, Granola, Ranch or French Dressing. Baked Potato Bar available Tuesdays and Thursdays.
Salad Bar Items may vary due to availability and season.

Alternative Lunch: Sunbutter/Peanut Butter and Jelly Sandwich, Raisins, Baby Carrots & Milk. Alt Lunch is available daily but must be ordered in advance. Alt lunch is \$1.25, regardless of free or reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.