

September 2020 Lunch Keokuk High School A&B Day Menu

Tuesday		Wednesday		Thursday		Friday	
A Breakfast Pizza Tator Tots Veg Juice Mand. Oranges Milk	B Turkey Sandwich Cucumbers Cherry Tomatoes Applesauce Cup Mixed Fruit Cup 1	A Turkey Sandwich Cucumbers Cherry Tomatoes Applesauce Cup Mixed Fruit Cup Milk	B Breakfast Pizza Tator Tots Veg Juice Mand. Oranges 2	A Chix Strip Wrap Cheese Romaine Refried Beans Pears Milk	B PBJ Sandwich Sunchips String Cheese Broccoli Carrots Raisins & Apple 3	A PBJ Sandwich Sunchips String Cheese Broccoli Carrots Raisins & Apple Milk	B Chix Strip Wrap Cheese Romaine Refried Beans Pears 4
A Salisbury Steak Mashed Potatoes Gravy Baked Beans Baked Apples 2 SL Bread Milk	B Pancakes Eggs Veg Juice Pepper Strips 2 Oranges 8	A Pancakes Eggs Veg Juice Pepper Strips 2 Oranges Milk	B Salisbury Steak Mashed Potatoes Gravy Baked Beans Baked Apples 2 SL Bread 9	A Chix Nuggets Sw Potato Crosstrax Broccoli Dinner Roll Peaches Cookie Milk	B Yogurt Bagel String Cheese Celery Cauliflower Apple Fruit Juice 10	A Yogurt Bagel String Cheese Celery Cauliflower Apple Fruit Juice Milk	B Chix Nuggets Sw Potato Crosstrax Broccoli Dinner Roll Peaches Cookie 11
A BBQ Rib/Bun French Fries Cooked Carrots Diced Pears 2 Mixed Fruit Cups Milk	B PBJ Sandwich String Cheese Celery Veg Juice 2 Mixed Fruit Cups 15	A PBJ Sandwich String Cheese Celery Veg Juice 2 Mixed Fruit Cups Milk	B BBQ Rib/Bun French Fries Cooked Carrots Diced Pears 16	A Pizza Crunchers Marinara Romaine/Ranch Cherry Tomatoes Applesauce Milk	B Turkey/Bun Vegetarian Beans Baby Carrots Peach Cup Raisins 17	A Turkey/Bun Vegetarian Beans Baby Carrots Peach Cup Raisins Milk	B Pizza Crunchers Marinara Romaine/Ranch Cherry Tomatoes Applesauce 18
A Pork Fritter/Bun French Fries Peas Peaches Milk	B Hummus Cup Pita Flatbread String Cheese Carrots Apple & Orange Cookie 22	A Hummus Cup Pita Flatbread String Cheese Carrots Apple & Orange Cookie Milk	B Pork Fritter/Bun French Fries Peas Peaches 23	A Corndog Sw Potato Fries Romaine/French Applesauce Milk	B Ham & Cheese/Bun Ch. Tomatoes Veg Juice Pear Raisins 24	A Ham & Cheese/Bun Ch. Tomatoes Veg Juice Pear Raisins Milk	B Corndog Sw Potato Fries Romaine/French Applesauce 25
A Chix Patty/Bun French Fries Romaine/Ranch Mixed Fruit Milk	B Turkey/Bun Baby Carrots Veg Juice Peach Cup Pear 29	A Turkey/Bun Baby Carrots Vegetable Juice Peach Cup Pear Milk	B Chix Patty/Bun French Fries Romaine/Ranch Mixed Fruit 30	*Menu Subject to Change* Salad bar, a la carte, and alternative line are temporarily unavailable. <i>The USDA is an equal opportunity provider.</i>		Alternative Lunch: Sunbutter/Peanut Butter and Jelly Sandwich, Raisins, Baby Carrots & Milk. Alt Lunch is available daily but must be ordered in advance. Alt lunch is \$1.50, regardless of free or reduced eligibility.	