

KEOKUK COMMUNITY SCHOOL DISTRICT

Menu Subject to Change

September 2018 Breakfast Menu for High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Labor Day</u> No School	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Waffle Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
3	4	5	6	7
Donut Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Biscuit & Sausage Patty Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
10	11	12	13	14
Cereal Bar Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Breakfast Pizza Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
17	18	19	20	21
Donut Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Pancake Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
24	25	26	27	28
			This institution is an equal opportunity provider.	