

October 2021 Middle & High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				French Toast Sticks Egg Country Potatoes Vegetable Juice Strawberries HS-Craisins Milk 1
Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail WG Bread (x2 HS) Milk 4	Nacho Beef & Cheese Beans Salsa Celery Peaches Cookie (HS) Milk 5	Pizza Romaine/Ranch Cherry Tomatoes Whole Fruit Sherbet Apple (HS only) Milk 6	Crispito (x2 HS & MS) Triangle Potatoes Whole Kernel Corn Fresh Fruit Raisins (HS only) Milk 7	Chili w/Cheese Baby Carrots Applesauce Cup Cinnamon Roll HS Dried Fruit HS 1/2 sunbutter sandwich Milk 8
Salisbury Steak Mashed Potatoes/Gravy Carrots Peaches WG Bread (x2 HS) Milk 11	Cheeseburger on Bun French Fries Baked Beans Fruit Milk 12	Chicken Strips Triangle Potatoes Cherry Tomatoes Pineapple WG Bread (HS MS only) Milk 13	Corndog Sweet Potato Fries Peas Mixed Fruit Milk 14	BBQ Pork or Rib on Bun Baked beans Romaine/Ranch Whole Apple Milk 15
Chicken Nuggets Mashed Potatoes/Gravy Broccoli Applesauce Cup (x2 HS) Dinner roll Milk 18	Beef Walking Taco Salsa Cheese Beans Rice— HS only Romaine Peaches Milk 19	Deli Meat & Cheese Sandwich French Fries Cherry Tomatoes Baby Carrots Pineapple Milk 20	PTC Breakfast Only Milk 21	No School PTC Milk 22
Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail WG Bread (x2 HS) Milk 25	Nacho Beef & Cheese Beans Salsa Celery Peaches Cookie (HS) Milk 26	Pizza Crunchers Marinara Romaine/Ranch Cherry Tomatoes Whole Fruit Sherbet Apple (HS only) Milk 27	Crispito (x2 HS & MS) Triangle Potatoes Whole Kernel Corn Fresh Fruit Raisins (HS only) Milk 28	Chili Dog Tator Tots Cheese Baby Carrots (x2 HS) Applesauce Cup HS Dried Fruit Milk 29