

KEOKUK COMMUNITY SCHOOL DISTRICT

October 2018 Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Strips Potato Triangle Cherry Tomatoes Pineapple Cookie Milk 1	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk 2	Meatball Sub Sw. Potato Crosstrax Baby Carrots Fruit Crisp Applesauce Milk 3	Breakfast Only No Lunch Early Dismissal Parent/Teacher Conf. 4	No School 5
Crispito Potato Triangle String Cheese Corn Apple Milk 8	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Wacky Cake Milk 9	Pizza Romaine/Ranch Cherry Tomatoes Peaches Sherbet Milk 10	French Toast Sausage Patty Egg Patty Hashbrown Apple Vegetable Juice Milk 11	Chili Crackers Cheese PB Sandwich or PBJ Sandwich Baby Carrots Applesauce Cup Cinnamon Roll Dried Fruit Milk 12
Soft Shell Taco Cheese Romaine Salsa Beans Applesauce Churro Milk 15	No School 16	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk 17	Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 2 Slices WW Bread Milk 18	Chicken Nuggets AuGratin Potatoes Spinach/Ranch Cherry Tomatoes Diced Pears Sunshine Cake Milk 19
Beef Walking Taco Romaine Cheese Beans Peaches Bug Bite Graham Crackers Milk 22	Orange Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Milk 23	Pulled Pork on Bun French Fries Cherry Tomatoes Pineapple Milk 24	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk 25	Pizza Romaine/French Baby Carrots Pears Sherbet Milk 26
Cheeseburger on Bun French Fries Carrots Fruit Crisp Raisins Milk 29	Pancake Sausage Patty Egg Hashbrown Vegetable Juice Fresh Pear Milk 30	Pork Fritter on Bun Sweet Potato Fries Coleslaw Mixed Fruit Cookie Milk 31	Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French

Alternative Line*

Monday: Spicy Chicken on Bun & French Fries
 Tuesday: Buffalo Chicken Flatbread & French Fries
 Wednesday: Spicy Chicken on Bun & French Fries
 Thursday: Stuffed Crust Pepperoni Pizza and Side Salad
 Friday: Chicken Patty on Bun & French Fries

Salad Bar Offerings will vary due to availability and season

USDA is an equal opportunity provider.