

# KEOKUK COMMUNITY SCHOOL DISTRICT

\*Menu Subject to Change\*

## November 2017 Menu for High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit and Salad bar offered daily!  This institution is an equal opportunity provider.		Hot Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Wacky Cake Milk	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk	Pizza Romaine/French Fresh Baby Carrots Pears Whole Fruit Sherbet Milk
Soft Shell Taco Cheese Romaine Lettuce Salsa Cheddar Munchers Applesauce Churro Milk	Chicken Nuggets AuGratin Potatoes Fresh Spinach/Ranch Pears Dinner Roll Milk	Meatball Sub Sandwich Sweet Potato Crosstrax Peas Peaches Cookie Milk	Oven Baked Turkey Mashed Potatoes/Gravy Green Beans Cranberry Sauce Dinner Roll Pie Milk	BBQ Pork on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk
Citrus Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Milk	Nacho Beef & Cheese Cowboy Beans Diced Tomato Salsa Strawberries Cookie Milk	Pizza Romaine/Ranch Cherry Tomatoes Peaches Whole Fruit Sherbet Milk	Waffle w/Syrup Sausage Patty Egg Patty Hashbrown Potato Apple Juice Milk	Chili Cinnamon Roll Crackers Cheese Fresh Baby Carrots Applesauce Cup Dried Fruit Peanut Butter Sandwich Milk
Walking Taco Rice Romaine Lettuce Cheese Beans Salsa Dried Fruit Churro Milk	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk	No School	No School Happy Thanksgiving!	No School
Cheeseburger on Bun Baked Beans Coleslaw Peaches Raisins Milk	French Toast Sticks Sausage Patty Boiled Egg Hashbrown Apple Juice Fresh Orange Milk	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk	Pasta w/Meat Sauce Romaine/French Breadstick Banana Peaches Milk	
<u>Alternative Line*</u> Monday: Chicken Patty on Bun & French Fries Tuesday: Spicy Chicken Patty on Bun & French Fries Wednesday: Buffalo Chicken Flatbread & French Fries Thursday: Spicy Chicken Patty on Bun & French Fries Friday: Pizza		*All alternative meals served with Romaine Salad with carrots and tomatoes, an orange, 1/2 cup fruit, and your choice of skim white or skim chocolate milk.		