

KEOKUK COMMUNITY SCHOOL DISTRICT

November 2018

Breakfast Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.			Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Biscuit w/Sausage Patty Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
Cereal Bar Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Breakfast Pizza Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
	5	6	7	8
PBJ Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Pancake Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
	12	13	14	15
Donut Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	No School	No School Thanksgiving Holiday	No School
	19	20	21	22
Cereal Bar Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk	Waffle Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk
	26	27	28	29
				30