

KEOKUK COMMUNITY SCHOOL DISTRICT

Menu Subject to Change

November 2018 Menu for High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Onion Tomatoes Cheese, Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Croutons Crackers Granola Ranch French		Pasta w/Meat Sauce Romaine/French Breadstick Banana Peaches Milk	Chicken Strip Wrap Romaine Cheese Ranch Salsa Black Beans Applesauce Cup Baked Chips Milk
Salad Bar Items may vary according to availability and season.				
Crispito Potato Triangle String Cheese Corn Apple Milk	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Wacky Cake Milk	Pizza Crunchers Marinara Sauce Romaine/Ranch Cherry Tomatoes Peaches Sherbet Milk	Breakfast Pizza Egg Hashbrown Vegetable Juice Raisins Orange Milk	Chili Crackers Cheese PBJ or PB Sandwich Baby Carrots Applesauce Cup Cinnamon Roll Dry Fruit Milk
Chicken Walking Taco Romaine Cheese Salsa Beans Dry Fruit Bug Bite Graham Crackers Milk	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk	Hotdog on Bun Sw. Potato Crosstrax Baby Carrots Fruit Crisp Milk	Salisbury Steak Mashed Potatoes/Gravy Broccoli Peaches 2 Slices WW Bread Milk	Chicken Strips Potato Triangle Cherry Tomatoes Pineapple Cookie Milk
Baked Turkey Mashed Potatoes/Gravy Green Beans Dinner Roll Peach Cups Sunshine Cake Milk	Corndog Sw. Potato Crosstrax Corn Pear Cookie Milk	No School	No School Thanksgiving Holiday	No School
Turkey & Noodles Mashed Potatoes/Gravy Corn Apricot Cups Dinner Roll Milk	Beef Walking Taco Cheese Romaine Beans Mixed Berry Cups Animal Crackers Milk	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Cookie Milk	Pizza Romaine/French Baby Carrots Pears Sherbet Milk
Alternative Line*		USDA is an equal opportunity provider.		
Monday: Spicy Chicken on Bun & French Fries Tuesday: Buffalo Chicken Flatbread & French Fries Wednesday: Spicy Chicken on Bun & French Fries Thursday: Stuffed Crust Pepperoni Pizza and Side Salad Friday: Chicken Patty on Bun & French Fries				