

KEOKUK COMMUNITY SCHOOL DISTRICT

March 2019

Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French			Biscuit Egg Sausage Patty Hashbrown Vegetable Juice Apple Milk 1
BBQ Rib on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk 4	Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 2 Slices WW Bread Milk 5	Fish on a Bun Sweet Potato Crosstrax Green Beans Peaches Cookie Milk 6	No Lunch Parent Teacher Conferences Early Dismissal Milk 7	No Lunch Milk 8
Beef Walking Taco Romaine/Cheese Beans Salsa Peaches Animal Crackers Milk 11	Chicken Nuggets Mashed Potatoes/Gravy Mixed Vegetables Applesauce Dinner Roll Milk 12	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk 13	Chicken & Noodles Mashed Potatoes Corn Mandarin Oranges Pie Milk 14	Pizza Romaine/French Carrots Pears Sherbet Milk 15
No School Spring Break March 18th-22nd Milk 18				
Cheeseburger on Bun French Fries Baby Carrots Peaches Milk 25	Pasta w/Meat Sauce Spinach/Ranch Breadstick Mandarin Oranges Peaches Milk 26	Pork Fritter on a Bun Sweet Potato Fries Coleslaw Mixed Fruit Milk 27	Breakfast Pizza Hashbrown Vegetable Juice Fresh Fruit Milk 28	Chicken Wrap Cheese Romaine Lettuce Ranch Dressing Beans Salsa Applesauce Cookie Milk 29
Alternative Line*		Salad Bar Offerings will vary due to availability and season		
Monday: Spicy Chicken on Bun & French Fries Tuesday: Buffalo Chicken Flatbread & French Fries Wednesday: Spicy Chicken on Bun & French Fries Thursday: Stuffed Crust Pepperoni Pizza and Side Salad Friday: Chicken Patty on Bun & French Fries		<i>Alternative lunch is \$1.25 regardless of free/reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.</i>	<i>Alt lunch: Peanut butter & jelly sandwich, raisins, baby carrots & milk. Available daily, must be ordered in advance.</i>	

USDA is an equal opportunity provider.