

KEOKUK COMMUNITY SCHOOL DISTRICT

March 2018

Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit & Salad bar includes fruit (salad bar) & vegetable (fruit bar). Skim White or Skim Chocolate Milk Bagel or Granola (fruit salad)			Pork Chop Mashed Potatoes/Gravy Peas Fruit Cocktail 2 Slices WGR Bread Milk	BBQ Pork on Bun Baked Beans Sweet Potato Fries Fresh Fruit 1 Milk
Nacho Beef & Cheese Beans Diced Tomato Salsa Apricots Sunshine Cake Milk	Pizza Romaine/French Cherry Tomatoes Peaches Carrots Milk	Pancake on a Stick Egg Hashbrown Toast/Jelly Vegetable Juice Fresh Apple Milk	Popcorn Chicken Wrap Cheese Triangle Potatoes Spinach/Ranch Fruit Crisp Milk	Tuna Noodle Casserole Peas Cherry Tomatoes Dinner Roll Applesauce Cup Milk
No School Staff Inservice Day Milk	Chicken Strips Potato Triangle Cherry Tomatoes Pineapple Bug Bite Graham Cookies Milk	Hotdog on Bun Sweet Potato Crosstrax Carrots Fruit Crisp Milk	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk	Chicken Walking Taco Salsa Rice Romaine Cheese Beans Salsa Dried Fruit Churro Milk
Pancakes w/Syrup Sausage Patty Egg Hashbrown Vegetable Juice Fresh Pear Milk	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk	Chicken Fajita Wrap Cheese Salsa Black Beans Romaine/Ranch Applesauce Cookie Milk	Cheeseburger on Bun French Fries Coleslaw Fruit Crisp Peaches Milk
Pizza Romaine/French Baby Carrots Applesauce Cup Raisins Milk	Early Dismissal Parent/Teacher Conf. No Lunch Milk	Spring Break No School March 28th- April 2nd Milk		
Alternative Line*				
Monday: Spicy Chicken on Bun & French Fries		* All alternative meals served with Romaine Salad with carrots and tomatoes, an orange, 1/2 cup fruit, and your choice of skim white or skim chocolate milk.		
Tuesday: Buffalo Chicken Flatbread & French Fries				
Wednesday: Spicy Chicken on Bun & French Fries				
Thursday: Stuffed Crust Pepperoni Pizza or French Bread Pizza and Garden Salad				
Friday: Chicken Patty on Bun & French Fries				

This institution is an equal opportunity provider.