

KEOKUK COMMUNITY SCHOOL DISTRICT

January 2019

Breakfast Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PBJ Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 7	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 8	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 9	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 10	Pancake on a Stick Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 11
Donut Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 14	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 15	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 16	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 17	Waffle Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 18
MLK Day No School 21	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 22	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 23	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 24	Biscuit w/Sausage Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 25
PBJ Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 28	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 29	Poptart Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 30	Cereal- Assorted Whole Grain Toast Peanut butter or Jelly Fruit Juice Milk 31	

This institution is an equal opportunity provider.