

# KEOKUK COMMUNITY SCHOOL DISTRICT

## January 2018 Breakfast

\*Menu subject to change\*

### Menu for High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Poptart or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk
Poptart or Cereal- Assorted Whole Grain Toast Peanut Butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Pancake or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Poptart Whole Grain Toast Peanut butter Fruit Juice Milk
8	9	10	11	12
No School MLK Day	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Waffle or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Poptart or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk
15	16	17	18	19
Poptart or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Omelet or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Poptart or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk
22	23	24	25	26
Poptart or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Jelly Fruit Juice Milk	Boiled Egg or Cereal- Assorted Whole Grain Toast Peanut butter Fruit Juice Milk		
29	30	31		

This institution is an equal opportunity provider.