

KEOKUK COMMUNITY SCHOOL DISTRICT

February 2019

Menu for High School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered Daily: Romaine Cucumbers Carrots Celery Peppers Broccoli Beans Cauliflower Onion Tomatoes Cheese Ham, Chix, or Egg	Radishes Peas Honeydew Watermelon Grapes Cantaloupe Kiwi Strawberries Cottage Cheese Yogurt Croutons Crackers Granola Ranch French			Chicken Strips Potato Triangle Carrotinis Pineapple Cookie Milk 1
Blueberry Pancakes Sausage Patty Egg Hashbrown Vegetable Juice Pears Milk 4	Cheeseburger French Fries Coleslaw Baked Cinnamon Apples Milk 5	No School Inclement Weather Milk 6	Chicken Strip Wrap Romaine Cheese Ranch Baked Chips Beans Applesauce Milk 7	Hotdog Sweet Potato Crosstrax Green Beans Peaches Cookie Milk 8
Soft Shell Taco Romaine/Cheese Salsa Cheddar Munchers Craisins Churro Milk 11	Pork Chop Mashed Potatoes/Gravy Carrots Cranberry Sauce 2 Slices WW Bread Milk 12	Beef Walking Taco Romaine Cheese Beans Peaches Bug Bite Grahams Milk 13	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk 14	Chicken Nuggets Mashed Potatoes/Gravy Green Beans Fresh Apple Dinner Roll Milk 15
Pizza Romaine/French Baby Carrots Pears Sherbet Milk 18	Cheeseburger Raisins French Fries Coleslaw Fruit Crisp Milk 19	Pork Fritter on Bun Sweet Potato Fries Carrots Mixed Fruit Cookie Milk 20	Pancakes Sausage Patty Egg Hashbrown Pears Vegetable Juice Milk 21	Chicken Strip Wrap Romaine Cheese Ranch Baked Chips Black Bean Salsa Applesauce Milk 22
Crispitoes Potato Triangle Corn Apple Milk 25	Nacho Beef & Cheese Beans Diced Tomato Salsa Peaches Bug Bite Grahams Milk 26	Pizza Romaine/Ranch Cherry Tomatoes Craisins Sherbet Milk 27	Chili Cheese Crackers (4pkg) Baby Carrots Applesauce Dried Fruit Cinnamon Roll Milk 28	
Alternative Line*		Salad Bar Offerings will vary due to availability and season		
Monday: Spicy Chicken on Bun & French Fries Tuesday: Buffalo Chicken Flatbread & French Fries Wednesday: Spicy Chicken on Bun & French Fries Thursday: Stuffed Crust Pepperoni Pizza and Side Salad Friday: Chicken Patty on Bun & French Fries		<i>Alternative Lunch is \$1.25 regardless of free or reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.</i>	<i>Alternative B Lunch: Peanut Butter & Jelly Sandwich, raisins, baby carrots & milk. Available daily, must be ordered in advance.</i>	Rev 2-7-19

USDA is an equal opportunity provider.