

Keokuk High School February 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Crispitoes Sweet Potato Crosstrax Corn Banana Dried Fruit Milk 3	Nacho Beef & Cheese Beans Salsa Romaine Peaches Cookie Milk 4	Pizza Crunchers Marinara Romaine/Ranch Cherry Tomatoes Strawberries Milk 5	Chili Cheese Crackers Baby Carrots Cinnamon Roll Applesauce Milk 6	Pancakes Sausage Egg Country Potatoes Vegetable Juice Fresh Fruit Milk 7
No School Inservice Day Milk 10	Chicken Patty on Bun Sweet Potato Fries Mixed Vegetables Mixed Fruit Cup Raisins Milk 11	Turkey Sub Sweet Potato Crosstrax Romaine Baby Carrots Fresh Apple Milk 12	Breakfast Only Parent/Teacher Conf. Day Milk 13	No School Snow Make Up Day Milk 14
President's Day No School Snow Make Up Day Milk 17	Cheeseburger on Bun French Fries Carrots Peaches Milk 18	Pork Fritter on Bun Baked Beans Coleslaw Mixed Fruit Milk 19	Spaghetti w/Meat Sauce Spinach/Ranch Cucumbers Breadstick Apricots Dried Fruit Milk 20	Ham & Cheese on Bun Sweet Potato Fries Corn Applesauce Milk 21
Beef Walking Taco Cheese Salsa Beans Romaine Peaches Bug Bite Grahams Milk 24	Turkey & Noodles Mashed Potatoes Broccoli Apple Slices Sherbet Milk 25	Breaded Fish on Bun French Fries Cherry Tomatoes Pineapple Milk 26	Mand. Orange Chicken Rice Pea Pods Carrotinis Applesauce Milk 27	Cheese Pizza Romaine/French Carrots Fresh Fruit Milk 28

Salad Bar offered Daily

Romaine, Cucumbers, Carrots, Celery, Peppers, Broccoli, Beans, Cauliflower, Onion, Tomatoes, Radishes, Peas, Cheese, Ham or Chix, Egg, Melon, Grapes, Kiwi, Strawberries, Apples, Oranges, Cottage Cheese, Yogurt, Croutons, Crackers, Granola, Ranch or French Dressing. Baked Potato Bar available Tuesdays and Thursdays. *Salad Bar Items may vary due to availability and season.*

Alternative B Lunch: Sunbutter/Peanut Butter and Jelly Sandwich, Raisins, Baby Carrots & Milk. Alt Lunch is available daily but must be ordered in advance. Alt lunch is \$1.25, regardless of free or reduced eligibility. This doesn't qualify as a free/reduced reimbursable meal.

Alternative Line:

Monday: Spicy Chicken on Bun & Fries

Tuesday: Buffalo Chicken Flatbread & Fries

Wednesday: Spicy Chicken on Bun & Fries

Thursday: Stuffed Crust Pepperoni Pizza and Side Salad

Friday: Chicken Patty on Bun & Fries

The USDA is an equal opportunity provider.