KEOKUK COMMUNITY SCHOOL DISTRICT

Menu Subject to Change

December 2017

Menu for High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Breakfast Menu: Cereal- Assorted Toast (Sunbutter or Jelly) Fruit Milk	Fruit & Salad bar includes fruit (salad bar) & vegetable (fruit bar). Skim White or Skim Chocolate Milk Bagel or Crackers (fruit salad) This institution is an equal opportunity provider.			Popcorn Chicken Wrap Cheese Salsa Black Beans Baked Chips Romaine/Ranch Applesauce Cookie Milk 1
Beef Walking Taco Rice Beans Cheese Salsa Romaine Lettuce Peaches Churro Milk 4	Turkey & Noodles Mashed Potatoes Whole Kernel Corn Mandarin Oranges Cookie Milk 5	Hot Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Wacky Cake Milk 6	Chicken Nuggets Mashed Potatoes/Gravy Carrots Applesauce Dinner Roll Milk 7	Pizza Romaine/French Fresh Baby Carrots Pears Whole Fruit Sherbet Milk 8
Soft Shell Taco Cheese Romaine Lettuce Salsa Cheddar Munchers Applesauce Churro Milk 11	Roast Turkey Mashed Potatoes/Gravy Green Beans Dried Cranberries Sunshine Cake Dinner Roll Milk 12	Hotdog on Bun Sweet Potato Crosstrax Peas Peaches Whole Fruit Sherbet Cookie Milk 13	Pork Chop Mashed Potatoes/Gravy Broccoli Fruit Cocktail 2 Slices WGR Bread Milk 14	BBQ Pork on Bun Baked Beans Sweet Potato Fries Fresh Fruit Milk 15
Citrus Chicken Rice Broccoli Baby Carrots Mandarin Oranges Fortune Cookie Milk 18	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Cookie Milk 19	Pizza Romaine w/Ranch Cherry Tomatoes Peaches Whole Fruit Sherbet Milk 20	Waffle w/Syrup Sausage Patty Egg Patty Hashbrown Apple Vegetable Juice Milk 21	Chili Cheese Crackers Cinnamon Roll Celery w/Peanut Butter Applesauce Cup Dried Fruit Milk 22
December 25th-January 3rd Winter Vacation No School 25	26	27	28	29

Alternative Line*

Monday: Spicy Chicken on Bun & French Fries
Tuesday: Buffalo Chicken Flatbread & French Fries
Wednesday: Spicy Chicken on Bun & French Fries
Thursday: Stuffed Crust Pepperoni Pizza or French Bread Pizza and Garden Salad
Friday: Chicken Patty on Bun & French Fries

*All alternative meals served with Romaine Salad with carrots and tomatoes, an orange, 1/2 cup fruit, and your choice of skim white or skim chocolate milk.