

KEOKUK COMMUNITY SCHOOL DISTRICT

September 2019

Breakfast Menu for Elementary and Middle School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day No School	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
2	3	4	5	6
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Donut Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
9	10	11	12	13
No School Inservice Day	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal Bar Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
16	17	18	19	20
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
23	24	25	26	27
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk				
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This institution is an equal opportunity provider.