

KEOKUK COMMUNITY SCHOOL DISTRICT

October 2018

Breakfast Menu for Elementary and Middle School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 1	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 2	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 3	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 4	No School 5
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 8	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 9	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 10	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 11	Poptart Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 12
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 15	No School 16	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 17	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 18	Donut Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 19
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 22	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 23	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 24	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 25	Cereal Bar Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 26
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 29	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 30	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk 31	This institution is an equal opportunity provider.	