

Keokuk CSD Elementary Menu



March 2019



**What is a
librarian's
favorite
vegetable?**

Quiet Peas

Spring Break March 18th-
22nd.

March 26th- National Spinach
Day

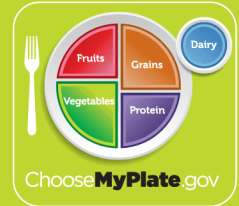
What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternative lunch is \$1.25 regardless of free or reduced status. This doesn't qualify as a free/reduced reimbursable meal.	Alt Lunch: Sun butter & Jelly Sandwich, Raisins, Baby carrots & milk. Alt Lunch is available daily but must be ordered in advance.			Biscuit Egg Sausage Hashbrown Vegetable Juice Apple Milk 1
BBQ Rib on Bun Baked Beans Sw. Potato Fries Fresh Fruit Milk 4	Pork Chop Mashed Potatoes Gravy Peas Fruit Cocktail 1 Slice WW Bread Milk 5	Fish on a Bun Sw. Potato Crosstrax Green Beans Peaches Milk 6	No Lunch Parent Teacher Conferences Early Dismissal 7	No School 8
Beef Walking Taco Romaine Cheese Beans Peaches Animal Crackers Milk 11	Chicken Nuggets Mashed Potatoes Gravy Mixed Vegetables Applesauce Dinner Roll Milk 12	Ham & Cheese on Bun French Fries Cherry Tomatoes Pineapple Milk 13	Chicken & Noodles Mashed Potatoes Corn Mandarin Oranges Cookie Milk 14	Pizza Romaine/French Carrots Pears Sherbet Milk 15
No School Spring Break March 18 th -22 nd . 18				
Cheeseburger French Fries Baby Carrots Peaches Milk 25	Pasta w/Meat Sauce Spinach/Ranch Breadstick Mandarin Oranges Milk 26	Pork Fritter on Bun Sw. Potato Fries Coleslaw Mixed Fruit Milk 27	Breakfast Pizza Hashbrown Vegetable Juice Fresh Fruit Milk 28	Chicken Wrap Cheese Romaine Ranch Dressing Beans Salsa Applesauce Cookie Milk 29



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

