

KEOKUK COMMUNITY SCHOOL DISTRICT

January 2019

Breakfast Menu for Elementary and Middle School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Donut Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
7	8	9	10	11
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal Bar Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
14	15	16	17	18
MLK Day No School	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Poptart Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk
21	22	23	24	25
Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	Cereal- Assorted Whole Grain Toast Sunbutter or Jelly Fruit Juice Milk	
28	29	31	31	

This institution is an equal opportunity provider.