

Keokuk CSD Elementary Menu

August 2020



MONDAY

TUESDAY

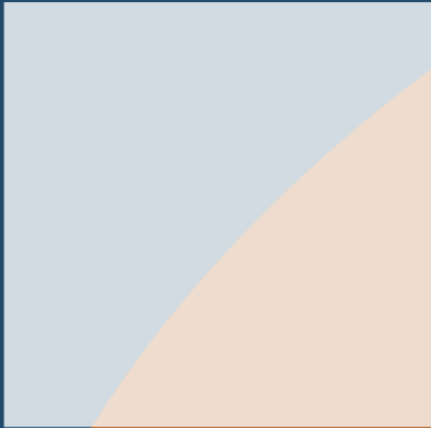
WEDNESDAY

THURSDAY

FRIDAY

How do you fix a broken tomato?

Tomato paste



What am I?

I'm a beautiful red fruit that grows in early summer. I taste sweet and you can eat me in a smoothie, in your cereal, or all by myself.

Strawberry

This institution is an equal opportunity provider.

	Chicken on Bun French Fries Romaine/Ranch Mixed Fruit Milk 25	Turkey on Bun Carrots Vegetable Juice Peach Cup Milk 26	Sloppy Joe on Bun Sweet Potatoes Fries Green Beans Applesauce Milk 27	Ham & Cheese on Bun Cherry Tomatoes Vegetarian Beans Apple Milk 28
			<i>Alternative lunch is \$1.50 regardless of free or reduced status. This doesn't qualify as a free/reduced reimbursable meal.</i>	<i>Alt Lunch: Sun butter & Jelly Sandwich, Raisins, Baby carrots & milk. Alt Lunch is available daily but must be ordered in advance.</i>



As a family create caterpillar kabobs! Assemble chunks of melon, apple, orange and pear on skewers for a fruity kabob. For a veggie version, try zucchini, cucumber, sweet peppers, or tomatoes.

