

# Keokuk CSD Elementary Menu



## April 2019



### How do you fix a broken tomato?

Tomato paste

April 12<sup>th</sup>- National Grilled  
Cheese Day

April 23<sup>rd</sup>- National Picnic  
Day

### What am I?

I'm a beautiful red fruit that  
grows in early summer. I  
taste sweet and you can eat  
me in a smoothie, in your  
cereal, or all by myself.

Strawberry

This institution is an equal  
opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking Taco Romaine/Cheese Salsa Beans Dry Fruit Animal Crackers Milk 1	Chicken Patty on Bun French Fries Broccoli Mixed Fruit Milk 2	Meatball Sub Sw. Potato Crosstrax Baby Carrots Fruit Crisp Milk 3	Chicken Strips Potato Triangle Cherry Tomatoes Pineapple Cookie Milk 4	Tuna Casserole Peas Mandarin Oranges Breadstick Milk 5
Sweet & Sour Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Milk 8	Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Wacky Cake Milk 9	Pizza Crunchers Romaine/Ranch Cherry Tomatoes Sherbet Milk 10	Ham & Beans Cornbread Baby Carrots Romaine/French Pineapple Milk 11	Waffle Egg Patty Hashbrown Vegetable Juice Fresh Fruit Milk 12
Softshell Taco Romaine/Cheese Salsa Cheddar Munchers Applesauce Milk 15	Chicken Nuggets AuGratin Potatoes Spinach/Ranch Pears Sunshine Cake Milk 16	Chicken Strips Sw. Potato Crosstrax Green Beans Peaches Cookie Milk 17	BBQ Rib on Bun Baked Beans Sw. Potato Fries Pears Milk 18	No School 19
BBQ Pork on Bun Romaine/French French Fries Peaches Milk 22	Cheeseburger Baked Beans Coleslaw Fruit Crisp Milk 23	Pork Fritter on Bun Sw. Potato Fries Carrots Mixed Fruit Milk 24	Chicken Patty/Bun Triangle Potatoes Corn Pear Milk 25	Chicken Wrap Romaine Cheese Ranch Beans Baked Chips Applesauce Milk 26
Chicken Walking Taco Romaine Cheese Salsa Beans Dry Fruit Animal Crackers Milk 29	Chicken Patty on Bun French Fries Peas Mixed Fruit Milk 30		Alternative lunch is \$1.25 regardless of free or reduced status. This doesn't qualify as a free/reduced reimbursable meal.	Alt Lunch: Sun butter & Jelly Sandwich, Raisins, Baby carrots & milk. Alt Lunch is available daily but must be ordered in advance.



As a family  
create caterpillar  
kabobs!  
Assemble  
chunks of melon,  
apple, orange  
and pear on  
skewers for a  
fruity kabob. For  
a veggie version,  
try zucchini,  
cucumber, sweet  
peppers, or  
tomatoes.

