

# KEOKUK COMMUNITY SCHOOL DISTRICT

May 2017

\*Menu subject to change\*

## Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Walking Taco Lettuce Cheese Garbanzo Beans Mixed Fruit Churro  Milk 1	Chicken Patty on Bun Sweet Potato Fries Cowboy Beans Peaches  Milk 2	BBQ Rib on Bun French Fries Carrots Fruit Crisp  Milk 3	Chicken Nuggets Mashed Potatoes/Gravy Green Beans Pears 1 Slice WW Bread  Milk 4	Chicken Strips Sweet Potato Fries Cherry Tomatoes Celery Pineapple  Milk 5
Pizza Romaine w/French Carrotinis Peaches  Milk 8	Nacho Beef & Cheese Beans Diced Tomato Salsa Applesauce Cup Cake  Milk 9	Turkey & Cheese on Bun French Fries Spinach/Ranch Cinnamon Baked Apples Whole Fruit Sherbet  Milk 10	Baked Potato Diced Ham Cheese Broccoli Pears Breadstick  Milk 11	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit Dinner Roll Cookie Milk 12
Chicken Patty on Bun Sweet Potato Fries Baked Beans Applesauce  Milk 15	Meatball Sub Sandwich Potato Triangle Coleslaw Fruit Crisp  Milk 16	Pork Fritter on Bun Sweet Potato Fries Whole Kernel Corn Banana Cookie  Milk 17	Pancake/Syrup Hash Brown Sausage Fresh Orange Apple Juice  Milk 18	Chicken Fajita Wrap Lettuce Cheese Beans Salsa Baked Chips Applesauce Cookie Milk 19
Pasta w/Meat Sauce Romaine w/Ranch Whole Kernel Corn Mixed Fruit Breadstick Milk 22	Cheeseburger on Bun Sweet Potato Fries BBQ Beans Mandarin Oranges Graham Cookie  Milk 23	Ham & Cheese on Bun Baked Chips Carrotinis Applesauce Cup Whole Fruit Sherbet  Milk 24	*Fruit Bar and Salad Bar Offered Daily*	
<u>Daily Breakfast Menu:</u> Cereal- Assorted Toast (Sunbutter or Jelly) Fruit Milk Juice			Fruit Salad Comes With: Milk Vegetable Bagel or Crackers	Chef Salad Comes With: Ham, Chicken or Egg Garbanzo or Black Beans Ranch or French Dressing Breadstick, Crackers, Milk

This institution is an equal opportunity provider.