

KEOKUK COMMUNITY SCHOOL DISTRICT

February 2017

Menu subject to change

Menu for Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Breakfast Menu:</u> Cereal- Assorted Toast (Sunbutter or Jelly) Fruit Milk Juice		Calzone w/Marinara Spinach w/French Whole Kernel Corn Banana Juice Milk	Spaghetti w/Meatballs Romaine/Ranch Breadstick Cucumber Peaches Milk	Cinnamon Roll Sausage Patty Egg Patty Hashbrown Apple Juice Milk
Walking Taco Romaine Lettuce Cheese Beans Raisins Churro Milk	Chicken Patty on Bun Sweet Potato Fries Peas Mixed Fruit Milk	Hotdog on Bun Tator Tots Fresh Carrots Fruit Crisp Milk	Salisbury Steak Mashed Potatoes/Gravy Broccoli Peaches 1 Slice WW Bread Milk	Chicken Strips Triangle Potatoes Cherry Tomatoes Celery w/Ranch Pineapple Cookie Milk
Nacho Beef & Cheese Beans Diced Tomato Salsa Strawberries Sunshine Cake Milk	Pizza Romaine/French Fresh Veggies Peaches Milk	Ham & Cheese on Bun Sweet Potato Tots Spinach w/Ranch Whole Fruit Sherbet Tropical Fruit Milk	Chicken Nuggets Mashed Potatoes/Gravy Carrots Pears Dinner Roll Milk	Chili Cheese Fresh Baby Carrots Applesauce Cup Cinnamon Roll Milk
No School Snow Make-Up Day Milk	Pancakes w/Syrup Triangle Potato Egg Patty Sausage Patty Juice Milk	Pork Fritter on Bun Tiny Triangle Potatoes Carrots Mixed Fruit Cookie Milk	Pasta w/Meat Sauce Romaine/French Breadstick Banana Milk	Cheeseburger on Bun French Fries Coleslaw Fruit Crisp Raisins Milk
Walking Taco Cheese Beans Romaine Lettuce Peaches Churro Milk	Orange Chicken Brown Rice Broccoli Mandarin Oranges Fortune Cookie Milk		*Fruit Bar and Salad Bar Offered Daily*	
			Fruit Salad Comes With: Milk Vegetable Bagel or Crackers	Chef Salad Comes With: Ham, Chicken or Egg Garbanzo or Black Beans Ranch or French Dressing Breadstick, Crackers, Milk

This institution is an equal opportunity provider.