

**KEOKUK COMMUNITY SCHOOL DISTRICT**

**October 2017**

**Breakfast Menu for High School**

\*Menu Subject to Change\*

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 2	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Milk 3	Biscuit & Gravy Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 4	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 5	Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 6
Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 9	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 10	Waffle Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 11	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 12	Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 13
Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 16	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 17	Pastry Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 18	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 19	No School          20
Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 23	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 24	Pancake w/Syrup Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 25	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 26	Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 27
Poptart Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 30	Cereal- Assorted Whole Grain Toast Peanut Butter or Jelly Fruit Juice Milk 31			This institution is an equal opportunity provider.